





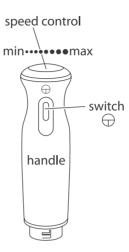
instructions

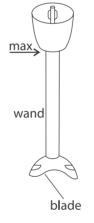














= dishwasher safe





Read the instructions, keep them safe, pass them on if you pass the appliance on. Remove all packaging before use.

## MPORTANT SAFEGUARDS

Follow basic safety precautions, including:

- 1 This appliance can be used by persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been supervised/instructed and understand the hazards involved.
- Children must not use or play with the appliance.
- Keep the appliance and cable out of reach of children.
- ⚠ Misuse of the appliance may cause injury.
- 2 Unplug the appliance before assembly, disassembly, or cleaning.
- 3 Don't leave the appliance unattended while plugged in.
- 4 If the cable is damaged, it must be replaced by the manufacturer, its service agent, or someone similarly qualified, in order to avoid hazard.
- Don't put the handle in liquid.
- 5 Don't use the wand in hot oil even moderately hot oil can cause a nasty burn.
- 6 Don't try to chip ice, don't try to chop raw meat, and take great care with the blades.
- 7 Don't fit an attachment or accessory other than those we supply.
- 8 Don't use the appliance for any purpose other than those described in these instructions.
- 9 Don't operate the appliance if it's damaged or malfunctions.

## household use only

# **▲** FITTING/REMOVING THE WAND

- 1 Unplug the appliance.
- 2 Hold the wand firmly in one hand.
- 3 Push the end of the handle into the wand, and turn the handle to the right.
- 4 To remove the wand, turn the handle to the left, and lift it off the wand.

## SWITCH ON

- 5 Put the plug into the power socket.
- 6 Press the switch to start the motor, release it to switch off.

### SPEED CONTROL

- 7 Turn the speed control to the speed you want (min max).
- 8 Generally, large quantities, thick mixes, and a high ratio of solids to liquids suggest longer timings and slower speeds.
- 9 Smaller quantities, thinner mixes, and more liquids than solids suggest shorter timings and higher speeds.
- 10 Don't use the wand for more than 10 seconds at a time at high speeds, or 30 seconds at low speeds.







- 11 Generally, the wand can do anything a normal blender can do, but faster, and with less washing up make mayonnaise, milkshakes, smoothies, or fruit drinks in the beaker. You can blend, pulp or purée ingredients in the pan or bowl you're going to cook them in.
- 12 Whatever container you use, make sure it's on a stable, flat surface, and support it with your free hand, to prevent it wandering over the work surface.
- **☼** Don't immerse the wand past the top of the parallel-sided tube.
- 13 When using it in hot liquids, don't let the blade break the surface at an angle, as you might spray liquid outside the bowl/pan/container.
- 14 Don't switch on till the blade is inside the food container.
- 15 Switch off before lifting the blade from the food container.

### **THE BEAKER**

- 16 Don't fill the beaker more than about half full.
- 17 Sit it on a stable, flat work surface, and support it with your free hand.
- 18 Don't lift it off the work surface and hold it in your hand if it slips, you'll hurt yourself.

## **©** CARE AND MAINTENANCE

- 19 Unplug the appliance.
- 20 Wipe the handle surfaces with a soft damp cloth.
- 21 Hand wash the wand.
- You may hand wash the beaker, or wash it in a dishwasher.
- 22 If you use a dishwasher, the harsh environment inside the dishwasher will affect the surface finishes.
- 23 The damage should be cosmetic only, and should not affect the operation of the appliance.





# recipes

### coriander pesto (dip, topping or sauce)

- 4 handfuls fresh leaf coriander
- 4 cloves fresh garlic
- 120g pine nuts
- 250ml olive oil
- 120g freshly grated Parmesan
- salt and pepper

Put the coriander, garlic, pine nuts, and a bit more than half the oil into the beaker, and process till it looks smooth.

To adjust the thickness, add a little oil, give it a short burst, and repeat till it's right.

Transfer to a bowl, stir in the Parmesan, taste, and adjust the seasoning.

Serve as a dip (fairly thick), as a topping for soup (not too thick, but not runny), or tossed through warm pasta (fairly runny).

#### black olive and anchovy tapenade/sauce

- 250g pitted black olives
- 60g anchovy fillets, drained
- 3 tbsp capers, drained
- 150ml olive oil
- 2 tbsp brandy (optional)
- fresh ground black pepper

Save half of the oil. Blend everything else in the beaker for a couple of seconds.

Check the result, and blend in more oil to adjust the thickness. For a tapenade, to spread on toast, you need a paste. For a sauce, to toss through warm pasta, it should be fairly runny.

### horseradish and apple sauce

- 250ml double cream
- 6 tbsp horseradish relish
- 2 sharp flavoured apples, peeled and grated
- 2 tsp paprika

Whisk the cream in the beaker till soft peaks form, spoon gently into a large bowl, and gently fold in the rest of the ingredients ("gently" means don't knock the air out of the cream or it'll collapse). Season with black pepper, and serve with beef or sausage.

#### sweet and sour sauce

- 2 shallots, peeled
- small piece fresh ginger, peeled
- 1 clove garlic
- 1 tbsp soy sauce
- dash white wine vinegar
- 1 tsp mustard
- 1 tsp tomato purée

Blend everything till really smooth. Serve with chicken or fish, or as a dip.

#### leek & potato soup (serves 4)

- 150g leeks, trimmed
- 150g potatoes, peeled
- 2 vegetable or chicken stock cubes
- 800ml water
- salt and pepper to taste

Put the leeks and potatoes into a pan (2 litre or bigger).

Fit the wand, and blend for a couple of seconds (you want them lumpy, not mushy), then switch the hand blender off, and remove it from the pan.







Add the water and stock cubes, bring to the boil, stirring, then reduce the heat, cover the pan, and simmer for 20 minutes.

Let the mixture cool for about 30 minutes, blend, in the pan, till the mixture is silky smooth, then switch the hand blender off, and remove it from the pan.

Bring the mixture up to serving temperature (don't let it boil). Taste, adjust the seasoning, and serve with crusty bread.

### spicy pumpkin soup

900g pumpkin

2 tbsp vegetable oil

2 leeks, trimmed and sliced

2 cloves garlic, crushed

1 tsp ground ginger

1 tsp ground coriander

900ml (1½ pt) chicken or vegetable stock

2 tbsp single cream or crème fraiche

bunch of fresh coriander leaves, torn

salt & pepper

Peel, deseed, and cut the pumpkin into chunks.

Heat the oil in a pan, add the leeks, garlic and spices, then stir till the leeks have softened slightly. Add the pumpkin and stock to the pan, bring to the boil, then simmer gently till the pumpkin is tender (20-30 minutes).

Remove from the heat, and stir in the coriander and cream.

Let the mixture cool for about 30 minutes, then fit the wand and blend, till it's really smooth.

Return the mixture to the stove and heat to serving temperature (don't let it boil).

Taste, adjust the seasoning, and serve with crusty bread.

#### strawberry mess

6 strawberries, hulled

2 tbsp broken meringue

100ml single or whipping cream

a sprig of fresh mint to garnish

Don't clean the beaker between ingredients.

Use the wand to whip the cream in the beaker till soft peaks form, then transfer to a bowl. Blend the broken meringues in the beaker just long enough to crush the meringues, then fold them into the cream.

Purée the strawberries, fold them gently into the whipped cream and meringue mixture, and garnish with the mint.

#### mayonnaise

We were reluctant to include a recipe for mayonnaise, because of the health hazards associated with raw eggs.

We tried to find a recipe using cooked eggs, but we've not had much success.

Using hard boiled egg yolks doesn't seem to work very well unless a raw yolk is used to start them off, which rather defeats the purpose.

Home pasteurisation resulted in cleaning a lot of exploded egg yolks from inside the microwave. Instead, we've come up with a recipe for gribiche.

We like this recipe because it uses hard boiled egg yolks, so it's safe.

It's also extremely tolerant to change, so you can make it with a whole range of ingredients to suit your own taste. It can pass as "almost mayonnaise", "nearly rémoulade", "close to aioli", and "not quite tartare sauce", depending on what you put in it.







#### aribiche – basic

2 hard boiled eggs

2 shallots/1 small onion/2 spring onions

250ml vegetable oil

2 tsp Diion mustard

25 ml wine vinegar

1 good sized gherkin

1 tbsp fresh/1/2 tsp dried tarragon

1 tbsp fresh/½ tsp dried parsley

#### salt & pepper

- Crack the hard boiled eggs, and separate the yolks and whites. Roughly chop the whites and put them into a bowl. Finely chop the gherkin and shallots and add them to the bowl
- Blend together the yolks, mustard, vinegar, tarragon, parsley, and a good pinch each of salt and pepper for a couple of seconds.
- Now you need to take care.
- Use speed 1.
- Put the oil into a small jug or bottle something you can easily control the flow of oil with.
- Drizzle oil into the mixture slowly, while blending, as you would when making mayonnaise.
- When the oil's done, switch off, use a wooden spoon to remove a little and taste it, then adjust the taste with salt and pepper.
- After adjusting the seasoning, blend again for a couple of seconds.
- Fold the mixture into the bowl containing the egg white, gherkin, and shallots.
- Serve with salads, fish, or chicken. It'll keep in the fridge for about a week.
- If you want to firm it up a bit, you can use a third egg yolk.
- If you want it a bit smoother, blend any or all of the shallots, gherkin, egg whites into the mixture at the end.
- From the basic gribiche, you can make a substitute for most mayonnaise-type sauces.

## almost mayonnaise

mayonnaise is eggs, acid, and oil, so remove the tarragon, mustard,

shallots, gherkin, for a more mayonnaise-style taste.

nearly rémoulade

rémoulade is mayonnaise with mustard, so reinstate the mustard, and

maybe one of the shallots

close to aioli

aioli is mayonnaise with garlic, so replace the shallots. gherkin, and

mustard with a couple of garlic cloves

not quite tartare sauce

tartare sauce is not unlike mayonnaise with capers and gherkin, so

replace the shallots and mustard with capers

bacon and egg sauce

fry a slice of dry cured back bacon till it's not quite crisp, trim the fat,

cut it up a bit, then blend it into the basic gribiche

gribiche variations

the vinegar can be red wine vinegar, white wine vinegar, cider vinegar,

rice wine vinegar, lemon juice, or lime juice

the vegetable oil can be tasteless (safflower/grapeseed/peanut), to bring out the flavour of the other ingredients, or flavourful, like virgin olive oil or corn oil, or use a flavourless oil with a dash of the more

expensive oils, like sesame, hazelnut, or walnut

the herbal/spice ingredients, mustard, tarragon, parsley can be

swapped/augmented by other varieties

the crunchy ingredients, gherkins, shallots, capers can be swapped/ augmented – there are probably at least 4 different types of onion in your local supermarket, there's probably sauerkraut, there's bound to be water chestnuts, there'll also be many varieties of peppers and chillies, all of which can add "crunch" to the mixture







# •

## fresh fruit smoothies - these make 2 large smoothies

#### breakfast smoothie

- 4 tbsp natural yogurt
- 200ml milk
- 2 tbsp oatmeal or porridge oats
- 1 large banana, cut in half
- 2 tsp honey
- 2 apples, cored and cut in half

Put everything into the beaker. Blend till smooth (20 seconds).

#### peach & apricot smoothie

- 4 halves of tinned apricot (in juice)
- 80ml apricot juice (from tin)
- 2 peaches
- 4 tbsp natural yogurt
- 200ml milk
- 2 tsp honey

Stone and roughly chop the peaches. Put everything into the beaker. Blend till smooth (30 seconds).

#### mango lassi

- 200ml natural yogurt
- 1 ripe mango
- 200ml milk
- 2 tsp honey

Stone, peel and roughly chop the mango. Put everything into the beaker. Blend till smooth (15 seconds)..

#### chocolate orange smoothie

- 170g chocolate ice cream
- 300ml orange juice

Put everything into the beaker. Blend till smooth (15 seconds).

#### chocolate pear smoothie

- 300ml chocolate milk
- 2 pears, peeled, cored and cut in half

Put everything into the beaker. Blend till smooth (20 seconds).

#### nutty banana smoothie

- 150g hazelnut yogurt
- 1 large banana, cut in half
- 200ml milk

Put everything into the beaker. Blend till smooth (15 seconds).

#### strawberry & banana smoothie

300ml milk

- 1 large banana, cut in half
- 12 strawberries, stalks removed

Put everything into the beaker. Blend till smooth (20 seconds).

#### apple & mango smoothie

600ml apple juice

1 ripe mango

Stone, peel and roughly chop the mango. Put everything into the beaker. Blend till smooth (20 seconds).







#### creamy blueberry & vanilla smoothie

360ml lemonade

125g vanilla ice cream

70g blueberries

Put everything into the beaker. Blend till smooth (20 seconds).

#### cranberry, orange & banana smoothie

300ml orange juice

300ml cranberry juice

1 small banana, cut in half

Put everything into the beaker. Blend till smooth (15 seconds).

### berry fruity smoothie

300ml apple juice

90g raspberries

12 strawberries, stalks removed

Put everything into the beaker. Blend till smooth (25 seconds).

#### apple, melon & kiwi fruit smoothie

400ml apple juice

1 kiwi fruit, peeled and cut in half

150g melon, cut in half

Put everything into the beaker. Blend till smooth (20 seconds).

#### very chocolatey cherry smoothie

350ml lemonade

125ml chocolate ice cream

100g cherries, stoned

Put everything into the beaker. Blend till smooth (20 seconds).

### banana, vanilla & honey smoothie

400ml milk

1 large banana, cut in half

4 tsp honey

2 tsp vanilla extract

Put everything into the beaker. Blend till smooth (15 seconds).

## adult only smoothies - these make 2 glasses

## tropical cocktail

200ml ginger beer

150g melon, cut in half

40ml rum

Put everything into the beaker. Blend till smooth (20 seconds).

### cosmopolitan

100ml cranberry juice

50ml vodka

50ml cointreau

Put everything into the beaker. Blend till smooth (10 seconds). Serve over ice.

#### baileys coffee cocktail

100ml milk

40g vanilla ice cream

½ tsp instant coffee

40ml baileys or irish cream liqueur

Put everything into the beaker. Blend till smooth (15 seconds). Serve over ice.



## strawberry gin fizz

100ml lemonade

60ml gin

1 tsp lemon juice

6 strawberries, stalks removed

Put everything into the beaker. Blend till smooth (20 seconds).

## mango & rum cocktail

100ml pineapple juice

½ ripe mango, stone removed, peeled and roughly chopped

1 small banana, roughly chopped

40ml rum

3 tbsp natural yogurt

5 ice cubes

Stone, peel and roughly chop the mango. Put everything into the beaker. Blend till smooth (20 seconds). Serve over ice.

#### la mumba

300ml chocolate milk

50ml brandy

Put everything into the beaker. Blend till smooth (20 seconds). Serve over ice.

### pina colada

200ml pineapple juice

100ml malibu

30ml single cream

Put everything into the beaker. Blend till smooth (20 seconds). Serve over ice.













## ENVIRONMENTAL PROTECTION

To avoid environmental and health problems due to hazardous substances in electrical and electronic goods, appliances marked with this symbol mustn't be disposed of with unsorted municipal waste, but recovered, reused, or recycled.

## **™ SERVICE**

If you ring Customer Service, please have the **Model No.** to hand, as we won't be able to help you without it. It's on the rating plate (usually underneath the product).

The product isn't user-serviceable. If it's not working, read the instructions, check the plug fuse and main fuse/circuit breaker. If it's still not working, consult your retailer.

If that doesn't solve the problem – ring Customer Service – they may be able to offer technical advice.

If they advise you to return the product to us, pack it carefully, include a note with your name, address, day phone number, and what's wrong. If under guarantee, say where and when purchased, and include proof of purchase (till receipt). Send it to:

Customer Service Spectrum Brands (UK) Ltd Fir Street, Failsworth, Manchester M35 0HS

telephone: 0845 658 9700 (local rate number)

## **⇒** GUARANTEE

Defects affecting product functionality appearing within two years of first retail purchase will be corrected by replacement or repair provided the product is used and maintained in accordance with the instructions. Your statutory rights are not affected. Documentation, packaging, and product specifications may change without notice.

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